

## Set 1 sounds

Set 1 sounds are taught in the following order alongside the accompanying pictures:

|                                                                                          |                                                                                           |                                                                                           |                                                                                           |                                                                                                   |
|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| m<br>   | a<br>    | s<br>    | d<br>   | t<br>          |
| i<br>   | n<br>    | p<br>    | g<br>   | o<br>          |
| c<br>   | k<br>    | u<br>    | b<br>   | f<br>          |
| e<br>   | l<br>    | h<br>    | sh<br> | r<br>          |
| j<br> | v<br>  | y<br>  | w<br> | th<br>       |
| z<br> | ch<br> | qu<br> | x<br> | ng<br>nk<br> |

Double letters - ff ll ss ck zz

How to Say the Speed Sounds When teaching a speed sound, we either have to 'stretch' or 'bounce' it. These first sounds should all be stretched slightly. Try to avoid saying uh after each one. E.g. /mm/ not muh, /ss/ not suh, /ff/ not fuh.

|    |                                                                            |
|----|----------------------------------------------------------------------------|
| m  | mmmmmmountain (keep lips pressed together hard)                            |
| s  | sssssnake (keep teeth together and hiss – unvoiced)                        |
| n  | nnnnnet (keep tongue behind teeth)                                         |
| f  | ffffflower (keep teeth on bottom lip and force air out sharply – unvoiced) |
| l  | llllleg (keep pointed curled tongue behind teeth)                          |
| r  | rrrrrrobot (say rrr as if you are growling)                                |
| v  | vvvvvvulture (keep teeth on bottom lip and force air out gently)           |
| z  | zzzzzip (keep teeth together and make a buzzing sound)                     |
| th | thhhhank you ( stick out tongue and breathe out sharply)                   |
| sh | shhhh (make a shhh noise as though you are telling somebody to be quiet!)  |
| ng | thinnnnngg on a strinnnnngg (curl your tongue at the back of your throat)  |
| nk | I think I stink (make a piggy oink noise without the oi! nk nk nk)         |

Double letters - ff ll ss ck zz

These next sounds cannot be stretched. Make the sound as short as possible avoiding uh at the end of the sound.

|    |                                                           |
|----|-----------------------------------------------------------|
| t  | t-t-t-tower (tick tongue behind the teeth – unvoiced)     |
| p  | p-p-p-pirate (make distinctive p with lips – unvoiced)    |
| k  | k-k-k-kangaroo (make sharp click at back of throat)       |
| c  | c-c-c-caterpillar (make sharp click at back of throat)    |
| h  | h-h-h-horse (say h as you breathe sharply out – unvoiced) |
| ch | ch-ch-ch-choo! (make a short sneezing sound)              |
| x  | x-x-x-exercise (say a sharp c and add s – unvoiced)       |

You will find it harder to avoid saying uh at the end of these sounds.

|    |                                                            |
|----|------------------------------------------------------------|
| d  | d-d-d-dinosaur (tap tongue behind the teeth)               |
| g  | g-g-g-girl (make soft sound in throat)                     |
| b  | b-b-b-boot (make a short, strong b with lips)              |
| j  | j-j-j-jack-in-a-box (push lips forward)                    |
| y  | y-y-y-yak (keep edges of tongue against teeth)             |
| w  | w-w-w-worm (keep lips tightly pursed)                      |
| qu | qu-qu-qu-queen (keep lips pursed as you say cw – unvoiced) |

The short vowels should be kept short and sharp.

|   |                                                                     |
|---|---------------------------------------------------------------------|
| a | a-a-a-apple (open mouth wide as if to take a bite of an apple)      |
| e | e-e-e-egg (release mouth slightly from a position)                  |
| i | i-i-i-insect (make a sharp sound at the back of the throat – smile) |
| o | o-o-o-orange (push out lips; make the mouth into o shape)           |
| u | u-u-u-umbrella (make a sound in the throat)                         |